

Wearing & Caring For Your BioElectric Shield

TABLE OF CONTENTS

Recharge Instruction Manual

- ❶ Where Do I Hang It?
- ❷ Precautions
- ❷ Recharging Questions
- ❷ Wearing Your Shield
- ❹ Chain vs Cord
- ❺ Shower, Washing Machines, & Swimming
- ❺ Polishing Your Shield
- ❻ Gifting Your Shield to Someone Else
- ❼ Repairs

Recharging Your BioElectric Shield

To Keep Your Shield Recharged 100%, Hang It In Daylight Monthly

OUTSIDE is ideal if you have a secure place

3 hours if it's sunny 

6 hours if it is cloudy 

The Shield IS DRAINED BY MOONLIGHT 

How do I remember to recharge it monthly?

The EASY WAY TO REMEMBER to charge your shield monthly is to do it on the **first weekend of EVERY MONTH.**

If you imagine your Shield as a vehicle, then think of the sun as fuel.

Without fuel, your Shield will fade in effectiveness – and eventually, stop working. At the beginning of each new month, it's time to recharge your Shield. This is the most critical part of owning a Shield – **it is ESSENTIAL to charge your Shield monthly**. It will last for years when you do this.

– Set a timer or alarm so you remember to bring the Shield in just before dark.

INSIDE – You can hang from a nail or hook above the window, a suction cup with a hook on the window, or put the stand in the window.

6 hours if it's sunny

8 hours if it is cloudy

You can charge it more often if you feel you have been around a large amount of EMF or have experienced a lot of stress.

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5G If you have 5G in your area or very high EMF exposure you may want to recharge more frequently.

WHAT IF IT'S CLOUDY, OR THE MOON IS OUT?

- The Energy of the sun will come through the clouds so you don't have to wait for a sunny day, but full sun is optimal.
- The Shield IS DRAINED BY MOONLIGHT. If you do leave it out in the moonlight, simply re-charge for double the number of hours it was exposed to moonlight.
- You CAN wear it during the moonlight and your Shield will not be affected.

WHERE DO I HANG IT?

Hang it outside. hang your Shield where it is continuously exposed to natural light.

If it's sunny, hang it outside for 3 hours, if it's cloudy charge for 6 hours.

If you are lucky enough to have a secure outdoor space, hanging it outside is ideal.

Be sure to Secure Shield by tying or looping it around something: squirrels and birds have been known to take unsecured Shields.

Hang in Window: If necessary, install a hook in your window so the Shield can dangle freely inside your window, not flat against the window or on a window sill. We recommend 8 hours if recharging in a window.

PRECAUTIONS

Charging it more often is fine!

- Keep your Shield at 100% power for the rest of your life by regularly charging it at home
- The Shield cannot be charged with grow light, full-spectrum lights, pyramids, any type of crystals, energy devices, or saltwater.
- Your Shield does not absorb negative energy, so it never needs to be cleared or cleansed – only recharged by exposure to natural daylight. It doesn't have to be a sunny day. It charges even when cloudy.

RECHARGE QUESTIONS



Is charging the shield for 2 hours each for 3 days have the same effect as one 6 hour charge?

It's best to do it for 3 continuous hours if it's sunny – and 6 continuous hours if it's cloudy.



Does the Shield benefit from random charging....hour here, an hour there?

Answer: Yes, now you can wear it outside your clothing and charge it. We still recommend hanging it outside for several hours at a time once a month.



Is it moonlight (dark) that drains your shield or should you avoid charging it when the moon is out during the day? Or visible during the day? Or not behind the Horizon?

Answer: It's better to do it when the moon is not visible during the day. That being said, the sun energy is stronger than the moon when the sun is out, but the optimal charge will occur when none of the 3 conditions you mention exist.

WEARING YOUR BIOELECTRIC SHIELD

Wherever you choose to wear your Shield, it is best if you are consistent about the location.

The Shield creates a vortex of energy around you, and the center will be determined by where you wear it. If you move it from a heart location into a pocket,

The Shield has to recreate the vortex with a different center point each time you move it. The Shield WILL do this but you might want to recharge it a bit more often if you change locations frequently.

One exception is the wristband style, which easily accommodates the movement of your wrist to maintain the protective vortex.

Many people enjoy wearing the Shield over the heart, using our cord, a chain, or a beaded necklace. Alternatively, you can carry your Shield in a pocket or belt pouch, or loop it around a bra strap or belt loop.

Wear your Shield during the day or all the time. We recommend that you take it off at bedtime and place it on your bedside table or hang it near you.

As long as it is within 2-3 feet of you, it is still working with your energy field. Occasionally it is good to leave it farther away at night. It allows your energy field to remember the pattern the Shield is providing during the day, reinforcing the pattern.

PLEASE DO NOT YANK THE CORD OVER YOUR HEAD TO TAKE OFF YOUR SHIELD.

Pulling hard on the cord will eventually cause your top loop to bend away from the back of the shield – and **YOUR SHIELD WILL EVENTUALLY FALL OFF THE CORD.**

You can wear it under or over your clothing with equal effectiveness.

Do you have a Shield you are not wearing - perhaps a backup Shield or a Shield that will be a gift for someone else at a future date?

Please do not put this Shield in a drawer, where it will gradually lose power. Shields need regular recharging to stay at 100% power. **The easiest way to remember to recharge your Shield is to recharge it at the beginning of every month.**

We recommend that any Shield not being worn be used as a Room Shield. This serves two purposes: additional EMF protection in the room, and by hanging in natural daylight, the Shield is constantly being recharged.

WHAT IF I AM SENSITIVE TO ENERGY?

Most people can put on a Shield and wear it daily with only positive results. Occasionally, if you are very sensitive, you might experience a little discomfort as the Shield balances your energy field.

Some people are more sensitive to this energy balancing than others. Often slowing down the balancing process helps.

To do this, either wear the Shield for only part of the day or put it on your nightstand while sleeping for a week or two. This allows the re-balancing to be slow and gentle.

If you have a new Level 4 gold Shield, we recommend placing this Shield by your bed for up to a week to allow it to balance your energy while you sleep.

DINGS & SCRATCHES

Over time, your Shield is bound to get small scratches, and perhaps even a tiny dent.

These cosmetic issues do not affect the performance of your Shield! If you want your Shield professionally polished, you can take it to your local jewelry store.

After they polish it, please recharge it daily for 3 days. If they repair it, please recharge it for 5 days.

CHAIN VS. CORD

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CHAIN

For greatest security, we recommend wearing your Shield on a chain. To avoid the top loop wearing out, please read our suggestion.

SUGGESTION: The top silver and 14K gold loops are soft metals. A chain can slowly wear through the top loop over a period of years. A quick, easy, solution is to go to a local jeweler and ask them to attach 2 jump rings in the top loop.

Then, thread your chain through the jump rings instead of directly through the silver or gold loop. This will prevent wear and tear on your Shield loop! The jump rings are made of much harder metal and should last for years.

CORD

If you do wish to use the satin cord provided, we recommend a secure, non-adjustable knot. You can get a very secure knot by holding both cords together, and looping them both through the same loop, then pull tightly.

Again, do this every time you put your Shield on.

Customers have called us up after losing their Shield off their cord. They just figured that if they tied the knot once, it would hold forever. Not true. Please check your knot every time you wear your Shield!

Is Your Cord Wearing Thin or Fraying Around the Edges? If your cord is starting to fray or show signs of wear, replace it immediately.



The Shower

Your Shield is soldered together at 1400 degrees Fahrenheit! It's waterproof. You can wear it in the shower, or in the ocean or a lake. Chlorinated pools will tarnish a silver shield in minutes!



Swimming in a Pool

Chlorinated water can cause your Shield to tarnish or darken. Just polish it using the instructions below.



Swimming in the Ocean

Saltwater and sand can damage your jewelry. Seawater is corrosive and may leave a residue that needs to be removed. Suggest carefully washing under running water before polishing to remove any grit.



Washing Machines

If your Shield goes through the washer, simply recharge it the next day. The crystal matrix is embedded in a holding material that cushions it and makes it resistant to high heat or extreme cold. Running the Shield through a dryer isn't a great idea, though and can be hard on the finish.

POLISHING YOUR SHIELD

When to polish

We recommend that you polish your Shield occasionally. Tarnishing doesn't affect the performance of the Shield, but naturally, it looks nicer when it's not tarnished. The most important thing you can do is recharge your Shield regularly.

What kind of polishing cloth should you use?

The cloth we carry came recommended by the largest jeweler supplier in this country.

We agree after trying a few others. It does leave a residue on your hands but can quickly polish your Shield, and any other jewelry you have. Most people order 2 kits at a time. They are not washable since the cleaning compound is part of the cloth.

You can use ordinary silver polish

If you prefer, you can use ordinary silver polish or natural methods for removing tarnish from silver. To obtain the mirror finish on polished Shields you can use a dip, but we recommend a cream polish or polishing cloth instead as they leave a protective finish behind.

Silver Tarnish Dips

These work great to almost instantly remove any tarnish. If using this wash in warm water and dry fully. We recommend following with a light polish with a polishing cloth to remove water spots, residue, and to give it a nice finish. This works for either polished or satin finishes.

How do I polish a satin finish shield?

To restore the satin finish, you will need to get our Polishing Kit. The kit contains the buffing pad that will restore the satin, textured finish of your Shield after you have used the cloth to remove tarnish. You can use other abrasive pads, but they may make your Shield look gray. If you don't use the matte buffing pad, your Shield will gradually get shinier over time which is also a good look.

Brass Shields

Use our polishing kit or Brasso (available at most grocery stores)

Tarnish – Does the Shield Tarnish? Why does my Shield tarnish so rapidly?

Brass and silver Shields do tarnish and can be cleaned with our Sunshine polishing cloths which are the best available. The rate of tarnish is affected by many things. Lotions, perfumes, and even your body's PH level can cause the Shield to tarnish more quickly.

Humidity and heat also greatly affect tarnish rates. Another, possibly surprising, factor is your stress level and the amount of balancing the Shield is doing – many people find that during times of initial balancing, or during times of stress that their Shields tarnish more quickly – this may be because the Shield is working so hard, or perhaps it's just that stress affects the PH balance of your skin. The tarnish doesn't affect the way the Shield works. You can use the mentioned polishing cloths, or use commercial silver or brass polish.

GIFTING THE SHIELD

If you want to pass on a Shield you are no longer using (you upgraded, or any other reason), you need to clear the Shield of the energy of the person who has worn it.

To do this, follow the recharge instructions above, but do it for 6 days in a row. Please make sure you bring the Shield before dark to avoid the moonlight shining on it.

Once this has been done, you have both cleared and recharged the Shield. It is ready to be given to the next person who will wear it.

What if you are gifting a Shield to someone, but it's not time to give it to them yet?

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Perhaps you're waiting for a birthday or graduation, etc.

Please do not stick any Shield in a drawer! While you are waiting to give it to someone, it's far better to have it either hanging on something like a Room Shield stand so that it will be constantly recharged from the natural daylight entering the room.

You can purchase stands similar to the ones we sell from most craft shops. Ours came from Michael's Crafts. The other benefit of doing this is that you get to enjoy extra protection since this Shield will function as a room shield until you give it to the person. Once they put it on, it will tune to their exact vibration, and become a personal Shield vs. a Room Shield.